

CECILIA ROSE

KEYNOTE SPEAKER | MASTER CERTIFIED COACH
CAREER STRATEGIST | EXECUTIVE ADVISOR



WHO IS CECILIA ROSE?

Cecilia Rose is an executive coach, career strategist and recognized professional speaker with **more than 25 years of experience**. She is known for turning presentations into experiential events. Cecilia is recognized as an authority in coaching professionals who are stuck in their careers, at an impasse, or are ready to open the door to the next level and new opportunities.

From one-on-one coaching to exclusive workshops and keynote speaking, Cecilia's passion lies in providing the space and the place for successful professionals to continue on their journey.

Cecilia's clients have called her a **"fireball who ignites a flame inside the hearts and minds of audiences"**. Her enthusiasm and humor are contagious and her audience always leaves excited and ready to put her messages into action. Through her extensive career with senior level executives, Cecilia has gained tremendous insights into the psyche of success and the challenges of failure. Cecilia's expertise lies in coaching and consulting senior level executives in, up or out of organizations.

TOP PROGRAMS

WHY EMOTIONAL INTELLIGENCE IS CRITICAL FOR EFFECTIVE LEADERSHIP

IQ Gets You Hired - EQ Gets You Promoted

When working together, everyone from employees to team leads, to managers and senior managers need to engage not only their heads but their hearts and spirit. This is what we call heart-centered leaders, they have integrated their emotions, mind, spirit and physicality. In this program, you will learn that if want to be successful, you must develop the skills necessary to not only understand and manage your own emotions but also to understand and appreciate the emotions of others.

CAN YOU HEAR ME NOW?

Communication Is Your Pathway to Success

Learn how to accept criticism as a growth opportunity, talk about disagreements instead of stuffing your feelings, and recognize and deal with self-defeating communication habits. You'll be amazed by the easy techniques and methods you'll learn —which will empower you to tackle challenges in the workplace with a new sense of understanding. Even better, you'll use them in both your personal and professional life ... forever!

THE HEART OF CHANGE

Transition to Transformation

In her program, The Heart of Change, Cecilia Rose invites you and empowers you to take four critical steps that will lead and inspire change, these steps will take you from transition to transformation. She will show you how to go from survive to thrive in a culture of change which invites self-awareness, demands growth, and requires changing behaviors. You will receive a firm foundation to help you and your team change perspectives, to see change as something that wants to invite you, not frighten you.

MANAGING YOUR PROFESSIONAL BRAND

Defining Yourself as a Leader

Developing your personal brand is essential for the advancement of your company, your career and your development as a leader. Personal branding is about making a full-time commitment to the journey of defining yourself as a leader and how it will shape the manner-in-which you will serve others. Your personal brand should represent the value you consistently deliver to those around you. Managing your personal brand requires you to be a great role model, mentor, and voice that others can depend upon, respect and trust.

WHAT PEOPLE SAY ABOUT CECILIA

"Cecilia Rose is an engaging, high-energy speaker who expertly tailors her content to the needs of the event and audience. It was a pleasure working with Cecilia in preparation for our events to provide the information she needed to target her message for our audience. We were fortunate to have Cecilia speak at a monthly chapter lunch meeting and our members in attendance, including multiple Board members, were so impressed that we asked her to speak at the organization's annual two-day conference the following year as our opening keynote speaker. The conference Program Committee received rave reviews for Cecilia's presentation. We will definitely ask her back!"

— **Todd Brown, Past President,
Ambition Realized Milestone Achieved (ARMA)**

"Cecilia delivered the opening keynote to the Gulf Coast Power Association's emPOWERing Women Leadership Conference and she was amazing! Her energy lit the room of over 380 women on fire and pens were furiously scribbling notes as Cecilia delivered meaningful insights to building emotional intelligence in an entertaining and endearing format. As a member of the event's planning committee, I can also add that it was a pleasure working with Cecilia. She asked us all the right questions to ensure she delivered what our audience would benefit from hearing. Five out of five stars!"

— **Allison Piper - GCPA Board of Directors,
Planning Committee emPOWERing Women Leadership Conference**

"Cecilia's presentations are right on point. She was the opening *and* closing keynote for our conference! She makes sure to tailor her presentations to the audience and the conference theme. Her keynotes were dynamic, insightful, and witty. Cecilia captured our audience from the very beginning, immediately connected with our attendees. I especially appreciate her willingness to be available during the conference for attendees to connect with her one on one. Cecilia's presentations are always filled with truth, inspiration, motivation, and ideas that everyone can take with them for further development. To hear Cecilia speak is to gain new knowledge and perspective as well as ideas for additional reflection".

— **Susan Young, Board Member, Texas Payroll Conference**

"Cecilia Rose just gets it! She is able to relate to audiences of any size. I've been fortunate enough to hear her speak in a workshop setting and to a large audience with hundreds of attendees. She is a compassionate and energetic truth teller! Her messages are both impactful and relatable, and with out a doubt her positive energy is contagious. Her messages helped me mentally envision a path for achieving success. I was fired up and ready to immediately start working on my goals. I can't wait to work with her again as well as attend another event where Cecilia Rose is speaking!"

— **Harriett Pritchett, Director of Programs,
Houston Chapter Association for Talent Development**

SELECT CLIENTS

Exxon Mobile

Chevron Phillips

Shell Oil Corporation

Schlumberger

BP Executive Leadership,
Ireland

Compass Bank

The Bank of New York

Comerica Bank

Amegy Bank of Texas

Accenture

Coca-Cola

Continental Airlines

PwC

AIM Investments

American Marketing
Association

Women's Energy Network

Houston Construction
Association

PMI | Project Management
Institute

Motiva Enterprises LLC

Thunderbird School of Global
Management

American General

Society of Women Engineers

Melton & Melton LLP


TRANSITION TO TRANSFORMATION